

Common abbreviations:

NPO (nil per os) – nothing by mouth

AM – in the morning

PM – in the afternoon

hs – before bed

ac (ante cibum) – before meal

pc (post-cibum) – after meal

PO (per os) – by mouth

POD – post-operative day

BM – bowel movement

HOB- Head of Bed

ht – height

wt – weight

N/V- Nausea and Vomiting

SOB- Shortness of Breath

Hx- History

IBW- Ideal Body Weight

UBW- Usual Body Weight

MRP – most responsible physician

RN – registered nurse

PT – physiotherapist

OT – occupational therapist

SLP – speech language pathologist

SW – social work

ENT – ear nose throat specialist

pt – patient

RD- Registered Dietitian

ICU- Intensive Care Unit

CT- Chemotherapy

L & D- Labour and Delivery

GI – gastrointestinal

Hgb- Hemoglobin

abd – abdominal

HTN – hypertension

SBP- Systolic Blood Pressure

DBP- Diastolic Blood Pressure

CAD – Coronary artery disease

CVA – Cardiovascular arrest

UC- Ulcerative Colitis

BG – Blood Glucose

WBC- White Blood Count

LFT- Liver Function Test
CBC- Complete Blood Count
TPN- Total Parenteral Nutrition
DNR-Do not Resuscitate
NH₃- Ammonia
ETOH- Alcohol
Lytes= Electrolytes
LLQ- Left Lower Quadrant
LUQ- Left Upper Quadrant
RLQ- Right Lower Quadrant
NSAID- Nonsteroidal anti-inflammatory drug

NIDDM- Non -insulin Dependent Diabetes Mellitus
IDDM- Insulin Dependent Diabetes Mellitus
DM – Diabetes Mellitus Disease
GERD – gastroesophageal reflux disease
BMI – body mass index
COPD- Chronic Obstructive Pulmonary Disease
MVA- Motor Vehicle Accident
SCI- Spinal Cord Injury
FX- Fracture

DAT- Diet as Tolerated
H.S.N- Bedtime Snack
A.M.N- Morning Snack
P.M.N-Afternoon Snack
TID – three times per day
BID – twice daily
QID- Four times a day
T/C- Tea and Coffee
qAM- Every Morning
q2h- Every 2 hours
NFKA- No Known Food Allergies