



# **Transitioning Online Amid Crisis**

How CANVAS can help

# Welcome

Acknowledgment: UBC's Point Grey Campus is located on the traditional, ancestral, and unceded territory of the xwməθkwəyəm (Musqueam) people. The land it is situated on has always been a place of learning for the Musqueam people, who for millennia have passed on in their culture, history, and traditions from one generation to the next on this site.

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**By the end  
of this  
lesson you  
will be able  
to:**

Describe the five recommendations for wellbeing from the UBC Wellbeing Thrive 5 campaign.

Identify one UBC resource to identify and support individuals facing difficulties.

Utilize Canvas' Collaborate Ultra to lead discussions and provide instructional content.

In Canvas, create and moderate a Discussion using active learning techniques, create an Assignment or Quiz, use SpeedGrader to assess student work, and assign and modify grades in Gradebook.

**How are you feeling?**



# Early Alert



# What is Early Alert?

With Early Alert, faculty, staff and TA's can identify their concerns about students sooner and in a more coordinated way. This gives students the earliest possible connection to the right resources and support, before difficulties become overwhelming.



# How Early Alert Works



- Faculty and staff notice a student is facing difficulties and identify their concerns using a secure online form
- Early Alert advisors review concerns and identify the most appropriate resources for students in need of support.
- Academic advisors reach out to students and offer to connect them with resources and support to help them get back on track.

# Advantages of Early Alert

- Support for all students
- Earlier support before difficulties become overwhelming
- Less time and fewer resources to recover
- More coordinated approach
- Increased security and privacy

# When to use Early Alert

Faculty and staff are encouraged to use Early Alert when they are concerned about a student's wellbeing or academic performance.

Concerning behaviour might include:

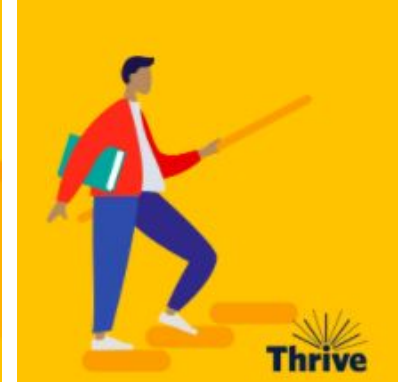
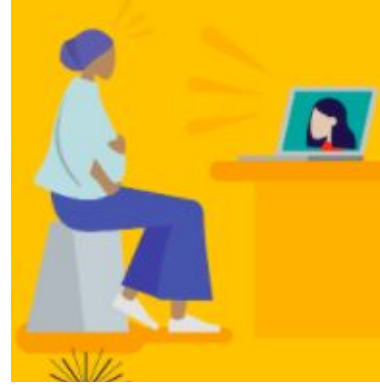
- Marked decrease in academic performance
- Marked change in mood or behaviour
- The student appears unusually withdrawn or distracted
- Any other behaviour that indicates the student might be facing difficulties.

# Thrive 5

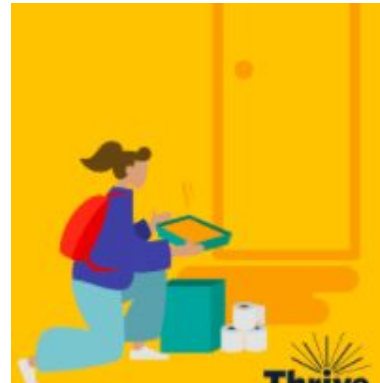
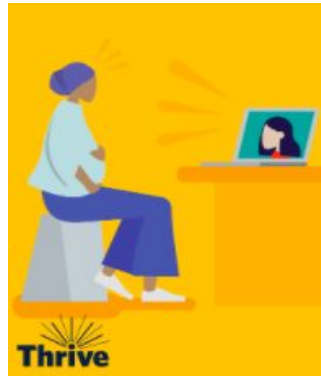


# 5 Habits to Support Wellbeing

Moving More



Sleeping Soundly



Eating Well

Giving Back

Saying Hi!

# Resources

CANVAS 101 Tutorial: <https://lthub.ubc.ca/guides/canvas/>

Thrive 5: <https://wellbeing.ubc.ca/thrive-5>

UBC Wiki: <https://lthub.ubc.ca/guides/ubc-wiki/>

Resources for Teaching Assistants: <https://ctlf.ubc.ca/resources/teaching/teaching-assistants/>