

<p>S</p>	<ul style="list-style-type: none"> • Chronic abdominal pain • History of alcohol abuse • Screening = Unintended weight loss → indicates nutrition risk • Quotes: <ul style="list-style-type: none"> ○ "looks a lot thinner, haven't changed what we eat" - Mrs. S ○ "bowels have been looking greasy" - Mr.S
<p>O</p>	<ul style="list-style-type: none"> • Age = 54 years old, Weight = 64 kg (dry), Height = 177cm BMI = 20.4 • Weight loss with no changes to diet • Diagnosis of chronic pancreatitis • Able to perform activities of daily living (OT) • Regular diet order (SLP) • Meds: pancrealipase, omeprazole • 2+ pitting edema
<p>A</p>	<ul style="list-style-type: none"> • At high risk of malnutrition • P: unintended weight loss, inadequate oral intake, inadequate energy intake, nutrition knowledge deficit, altered GI function
<p>P</p>	<ul style="list-style-type: none"> • Nutrition education - small portions, low-fat to moderate-fat meals; diet as tolerated • Symptom management - edema? Maybe sodium restriction? Steatorrhea - can try MCT oils • Nutrient dense/High protein high calorie diet; consider oral supplements (e.g. Boost, Ensure) • Monitor tolerance to diet, changes in symptoms, labs, intake, pain, etc