

S

*Subjective information;  
can include: Information  
provided by patient or  
family of signs and  
symptoms, lifestyle  
pattern, etc.*

O

*Objective information:  
Weight, height, medical  
diagnoses, labs,  
anthropometric data,  
nutrient intake data*

A

*Action: Summary of  
factors affecting nutrition  
diagnosis and  
intervention, PES  
Statements, Need of  
Nutrition Education,  
Nutrition Risk, Nutritional  
Requirements*

P

*Plan: Nutrition  
Intervention, Monitoring  
and Evaluation*

