

## Collaborative Decision-Making PCN Proposal to Review

### Primary Care Network Proposal

Providers for the Patient Medical Home (PMH)

\*The clinic already has two primary care physicians and a nurse practitioner. The community has been given funding for 3 additional providers.

Professions in PMH	Role
<b>Primary Care Nurse</b>	Health assessment; Health-care management and therapeutic interventions; Health education; Health promotion and prevention of illness, injury and complications.
<b>Chronic Disease Nurse</b>	Enhances patient self-management of chronic disease through teaching, individual counselling and group facilitation; promotes and assists healthy lifestyle adjustments; Health education.
<b>Occupational Therapist</b>	Offers consultation, education and coaching in chronic disease management, health promotion and lifestyle redesign, pain management, mental health and addiction management, optimal infant/child development, prevention of injuries and falls, return to work.

Providers for the new Community Health Centre (CHC) that is part of the broader Primary Care Network

\*This is a new team. The community has been given funding for 5 providers.

Professions in CHC	Role
<b>Social Worker</b>	Provides psychosocial assessment and intervention; offers supportive and crisis counseling and sometimes psychotherapy; case management; patient and family education; navigates complex health care systems; links patients with community resources and other parts of the health care system; advocates for patients and families; and educates, trains other providers about the psychosocial aspects related to health and illness.
<b>Mental Health Worker</b>	Provides counselling and psychotherapy services with particular focus on individual and family issues. Assists individuals with mental health issues to maximize their independence. Leads group sessions on health, wellness, managing symptoms and setting boundaries.
<b>Public Health Nurse</b>	Determines patient and family needs; develops health care plans; provides nursing services and treatments; refers patients to other community agencies; provides health information by instructing family in care and rehabilitation of patient; maintains health and prevention of disease for family members; teaches home nurse, maternal and child care; provides group instruction for parents; conducts immunization programs.

<b>Dietitian (0.5 FTE)</b>	Promotes health and supports the prevention and treatment of chronic diseases. Provides advice on maternal and infant nutrition, optimal growth and development, and early detection of nutrition problems.
<b>Physical Therapist (0.5 FTE)</b>	Works with patients with chronic and stable orthopaedic and neurological problems, chronic pain and arthritis. Ongoing management of patients following surgery. Diagnosis and treatment of acute and chronic conditions. Chronic disease management. Health promotion and prevention.
<b>Clinical Pharmacist (0.5 FTE)</b>	A non-dispensing role. Works with prescribers, patients and other members of the health care team to improve medication use including deprescribing. Assesses patients' medications to determine that each is necessary, effective for the medical condition, safe given the co-morbidities and other medications being taken, and able to be taken by the patient as intended. Develops care plan in consultation with the patient's prescriber.
<b>Dental Hygienist or Dental Hygiene Practitioner (0.5 FTE)</b>	Health promotion, advocacy, oral health education, oral disease prevention, clinical therapy. Workplaces include hygiene or dental clinics, hospital dentistry, community integrated clinics, or public health in which dental hygienists or hygiene practitioners provide health promotion, advocacy, etc. Offers guidance and referrals in other areas of health.

Virtual consultations are recommended with psychiatry, pediatrics, and other specialty services, such as general internal medicine.