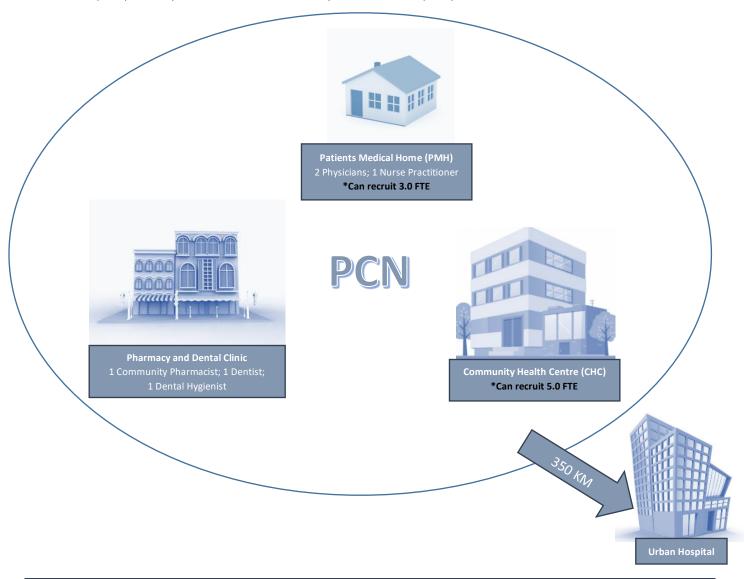


## Collaborative Decision-Making Resources

## **Community Profile**

You can recruit 3 full-time positions to the Patients Medical Home (PMH) and 5 full-time positions to the Community Health Centre (CHC) that is part of the broader Primary Care Network (PCN).



- Rural community 350km from closest urban centre
- Population of 2,900
- Timber Processing Mill is the primary employer
- No local hospital
- 30% of the population is over age 65
- High rates of Type II Diabetes and COPD
- High rates of work-place injuries with individuals working at the Mill
- 20% of new births are to teen mothers
- 8% of babies born in this community are diagnoses with fetal alcohol syndrome (twice national average)
- Many healthy people who love the outdoors

\*Note: the statistics provided are based on a real rural community in British Columbia.



## **Collaborative Decision-Making Workshop**

## **Patient Profiles**

The Patient Medical Home providers in the community would like you to consider how to support some of their patients. They have provided you with their profiles, to help you set priorities and keep a person-centred approach within your decision-making process.

| James             | 68 yrs old; Indigenous and lives on reserve; retired from the local mill eight years ago; diagnosed with Chronic Obstructive Pulmonary Disease (COPD) two year ago; smoker — has not managed to quit despite trying; married with two grown children who live in the city; been using a bronchodilator and taking glucocorticosteroids since diagnosis; anticipated he could need a bullectomy, a surgery performed to remove large areas of damaged air sacs in the lungs, in the next year or two. |
|-------------------|--|
| Lila              | 32 yrs old; school teacher; 15 weeks pregnant; married with 3 children – 2 boys (7, 4) and girl (2); wants to give birth at home; born and raised in the community; extended family all live close by; doesn't smoke or drink alcohol; loves hiking and kayaking.  |
| Chad              | 24 yrs old; truck driver; diagnosed with depression 5 years ago and struggles with addiction to alcohol and heroin – currently using; Two-spirited; moved to the community 3 years ago to live with his partner – they broke up 6 months later; lives alone.   |
| Cody              | 5 yrs old; born with Fetal Alcohol Syndrome (FAS) which was diagnosed 6 months ago; lives with his aunt; likes to fish and play soccer; FAS symptoms include vision and hearing problems, delayed development, and rapidly changing moods; aunt is unable to pay for any out of pocket healthcare expenses he might need.  |
| Mitch             | 42 yrs old; works at the local mill; currently on workers compensation after falling off a platform at work 8 months ago; suffered a concussion and has "not felt quite right" since – blurred vision and chronic back pain since the accident; married with two kids – girls (18, 15); has been taking medical marijuana for pain management; enjoys kite-surfing which he has been unable to do since the accident – he has reported feeling depressed.  |
| Stella            | 19 yrs old; Indigenous and lives on reserve; competitive swimmer – on university scholarship; returned home to the community after being diagnosed with Hodgkin Lymphoma and undergoing 6 months of chemotherapy; since treatment she has been suffering from dry mouth, fatigue and joint pain.   |
| Natalia           | 56 yrs old; cashier at local pharmacy; cares for her elderly mother (88) and daughter (16); diagnosed with Type II Diabetes 5 years ago; has a non-healing ulcer that caused severe damage to tissues and bone on her right foot, requiring amputation.  |
| The Knight Family | Audrey (45), Rob (43), Julia (13), Charlie (10). Happy, healthy family; love the active lifestyle the community offers; want to stay happy and healthy throughout their lives.   |