

WHAT IS YOUR LEARNING STYLE?

KNOWING YOUR LEARNING STYLE CAN HELP YOU MAKE THE BEST OF YOUR LEARNING PARTNERSHIP WITH YOUR PRECEPTOR.

KINESTHETIC

Kinesthetic learners prefer hands on experimental learning and real life examples.

Strategies to help you learn: role play, use examples and stories for memorization and apply knowledge when possible.



VISUAL

Visual learners use visuals such as symbols, diagrams and charts to aid in learning.

Strategies to help you learn: use different colors, underlining, flowcharts, draw things when possible and practice turning visuals into words.

AURAL

Aural learners take in information better when it is spoken or heard.

Strategies to help you learn: discussing topics with others and preceptors, explaining ideas to others and read notes out loud.



READ/WRITE

Read/write learners prefer printed words for learning information.

Strategies to help you learn: write lists, learn from readings and manuals and rewrite newly acquired knowledge.

NOW WHAT?

Communicate your learning style with your preceptor and develop strategies that will work for you in year 5.



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