



## Academic Cheat Sheet Resources for Science Students

**The Learning Commons** provides resources and technology to support students with their academics. Students can connect with us online at [www.learningcommons.ubc.ca](http://www.learningcommons.ubc.ca) or in person in the Chapman Learning Commons (Floor 3, Irving K. Barber Learning Centre). We can connect students with writing help, study toolkits, learning skills workshops, academic tutoring, coaching programs, student blogs and much more. Our online resources include pages on...

### **Time Management Toolkit**

[learningcommons.ubc.ca/?p=313](http://learningcommons.ubc.ca/?p=313)

The time management toolkit introduces students to techniques for maximizing their time and getting organized, including the McMaster “wedging technique” to help with procrastination.

### **Exam Prep Toolkit**

[learningcommons.ubc.ca/?p=318](http://learningcommons.ubc.ca/?p=318)

This toolkit links to resources on managing exam anxiety, preparing for different types of exams (from multiple choice to Lab exams) and connects students with past Math and Physics exams.

### **Problem-Based Learning for Science Classes**

[learningcommons.ubc.ca/?p=5648](http://learningcommons.ubc.ca/?p=5648)

This resource breaks down the problem solving process into 3 simple steps, and offers tips on planning good study sessions, reviewing, and more.

### **Talking with Professors**

[learningcommons.ubc.ca/?p=38](http://learningcommons.ubc.ca/?p=38)

Students may be wondering how to approach their professors. They can find advice on email etiquette, preparing for office hours and more on this page.

### **Mind Mapping**

[learningcommons.ubc.ca/?p=295](http://learningcommons.ubc.ca/?p=295)

Online mind mapping software can help conceptualize connections between information and place things into perspective. It's a great tool to help simplify big ideas.

### **New Technology Tools**

[learningcommons.ubc.ca/?p=290](http://learningcommons.ubc.ca/?p=290)

This page helps students find tech tools that can make their semester a little easier. From time management tools to note taking templates, they can find a list of useful applications here.

### **Study Groups**

[learningcommons.ubc.ca/?p=361](http://learningcommons.ubc.ca/?p=361)

A breakdown of basics to help students start and maintain effective study groups.

Find more resources at [learningcommons.ubc.ca](http://learningcommons.ubc.ca) or visit us at the Chapman Learning Commons (3<sup>rd</sup> Floor, Irving K. Barber)

Find us!



UBC Learning Commons



UBCLearn

**Online Tutoring How-Tos**

[learningcommons.ubc.ca/?p=422](http://learningcommons.ubc.ca/?p=422)

Free online tutoring is offered by the AMS for Math, Physics, Chemistry and Economics. This page helps students get set up and started with online tutoring.

**Reading Textbooks**

[learningcommons.ubc.ca/?p=316](http://learningcommons.ubc.ca/?p=316)

Reading at the university level takes a bit of know-how. This toolkit helps students get more out of their textbooks, with tips for active reading, concentration and integrating what they learn in class with what they read.

**Tips to Stop Wasting Time Online**

[learningcommons.ubc.ca/?p=293](http://learningcommons.ubc.ca/?p=293)

This page has comprehensive advice for students to prevent time-wasting online.

**Science Learning Skills Workshops**

[learningcommons.ubc.ca/?p=156](http://learningcommons.ubc.ca/?p=156)

Students can register for free workshops throughout the year.

**AMS Tutoring**

[learningcommons.ubc.ca/?p=113](http://learningcommons.ubc.ca/?p=113)

**Coaches Corner**

[science.ubc.ca/students/spac](http://science.ubc.ca/students/spac)

Connect one-on-one with a Science Peer Academic Coach for help with time management and study strategies, in Chapman Learning Commons.

**Chemistry Tutoring**

[chem.ubc.ca/personnel/chemclub](http://chem.ubc.ca/personnel/chemclub)

Drop by the UCS Lounge (Chemistry Building, room D218) and fill out a paper application.

**Math Tutoring**

[math.ubc.ca/Ugrad/ugradTutorials.shtml](http://math.ubc.ca/Ugrad/ugradTutorials.shtml)

The Math Department offers free drop-in tutoring in the MATH/STAT Resource Centre (located in the portable beside the Math Annex).

**International Peer Program**

[students.ubc.ca/go/ipp](http://students.ubc.ca/go/ipp)

The International Peer Program matches new international students with continuing UBC students.

**CLASS Conference | Oct 23, 2010 |**

[class.ubc.ca](http://class.ubc.ca)

The Conference for Learning and Academic Student Success invites students to a day of useful workshops, panels and presentations to help them make a smooth transition into university. Registration opens in October.

Find more resources at [learningcommons.ubc.ca](http://learningcommons.ubc.ca) or visit us at the Chapman Learning Commons (3<sup>rd</sup> Floor, Irving K. Barber)

Find us!



UBC Learning Commons



UBCLearn